

Western Isles Older People's Partnership

## **Groups, Day Clubs and Services for Older People**

### **BROADBAY**

#### **Cairdean Og Allt Nan Gall Club (Aignish, Knock, Swordale, Garrabost and Bayble)**

Day/Time: First Tuesday of each month at 2.30pm.

Venue: Ionad Stoodie, Garrabost, Point.

Contact: Willie Munro (Chair), 10 Knock, Point, tel. (01851) 870 550.

Details: An afternoon club for the over 60's offering socialising, refreshments and home-baking, as well as occasional guest speakers, days out and events.

#### **Cairdean (Tong Day Club)**

Day/Time: Every second Tuesday at 2pm-4pm.

Venue: Tong Community Hall

Contact: Nora MacDonald, tel. (01851) 705388.

Details: Group meets for tea and cakes and listening to guest speakers. Also offers days out, lunches and even short breaks away.

#### **Cairdeas (Back Senior Citizens' Club)**

Day/Time: Every second Wednesday at 2pm-4pm.

Venue: Community Hall, Back.

Contact: Ms Catriona MacLeod, 10 Coll, Back. Tel. (01851) 820618

Details: The Club offers refreshments, home-baking and conversation. Also offers occasional speakers, Christmas Meal, as well as a local and annual mainland trip. Closes during Summer.

#### **Recreation Society (Tong)**

Day/Time: Meets fortnightly on a Wednesday at 1.30pm.

Venue: Tong Community Hall

Contact: George Moody, 9 Tong. Tel. (01851) 703593.

Details: The Club offers socialising and refreshments, as well as occasional guest speakers, meals out and other activities.

#### **Tolsta's Golden Age Group**

Day/Time: Every second Wednesday at 2pm.

Venue: To be confirmed.

Contact: Mary Maciver, 44 North Tolsta. Email: [jm.maciver@hebrides.net](mailto:jm.maciver@hebrides.net) or tel. (01851) 890267.

Details: The Club offers socialising and refreshments, as well as occasional guest speakers and local lunch trips.

### **Young At Heart Club**

Day/Time: Every second Thursday at 2pm-3.30pm.

Venue: Aird Community Hall, Point.

Contact: Mrs Zena Rodger (Treasurer), 18a Portvoller, Point. Tel. (01851) 871209.

Details: The Club offers refreshments (for a small fee), home-baking and conversation. Also offers occasional speakers, Christmas Meal, as well as a local and annual mainland trips. Closed during summer.