#### Where do we meet?

The Lewis & Harris Breast Cancer Support Group meets in its own centre especially adapted for the purpose.

We are located just along Kenneth Street from the County Hotel, and are only 2 minutes walk from the Bus Station.

Car parking facilities are also conveniently available close by.

The centre is staffed on Tuesdays, Wednesdays, Thursdays and Fridays from 10am-12noon and Thursday afternoons from 2pm-4pm. Please check with us for additional times.

#### Visit our website

Visit our website to keep up to date with our latest news, events and photographs.

#### www.lhbcsg.com

#### **General Information**

The group was initially established in 1998 to fill a gap in the service provision to those suffering from breast problems, including Breast Cancer.

The Group has the services of the Breast Care Nurse, who is also the Nursing Adviser and Honorary President of the Group.

### **Further Information**

For further information contact us at:

Lewis & Harris Breast Cancer Support Group 20 Kenneth Street Stornoway Isle of Lewis HS1 2DR

> Telephone: 01851 700345 Email: admin@lhbcsg.org Web: www.lhbcsg.com



## Lewis & Harris Breast Cancer Support Group



Telephone: 01851 700345 Email: admin@lhbcsg.org Web: www.lhbcsg.com

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#### Who is the Group for?

*The Group is for anyone* who would benefit from the mutual support of others who have been through a similar situation.

*The Group is for anyone* who would like to learn more about the disease and its treatment.

*The Group is for anyone* affected by Breast Cancer including family and friends.

*The Group is for anyone* who would find the idea of sharing their concerns about the disease with other women who have experienced breast cancer appealing.

# What does the Support Group do?

Members of the Lewis & Harris Breast Cancer Support Group meet on the first Tuesday of every month in a secure, informal and welcoming environment.

The primary objective of the group is to give support to each other. This may consist of a range of activities such as:

- Hospital visits
- Home visits
- Sending flowers
- · Financial and material support



#### What else does the Group do?

From time to time the Group have specially invited speakers in to address members, covering such diverse topics as flower arranging, cookery demonstrations and the latest developments in treatment and care for breast cancer.

Social events are organised to help members and their loved ones to become more cohesive as a unit. The Group organises excursions to various locations during the summer.

Fund raising events are organised to help finance the smooth running of the Group.

Group members are given the opportunity to attend Cancer conferences, allowing them to meet other support groups and share experiences.