



PHYSICAL ACTIVITY DIRECTORY

LEWIS & HARRIS



Foreword

Welcome to the Sport and Health Physical Activity Directory for Lewis and Harris.

This booklet was produced by the Health Promotion Department and updated by the Sport and Health Department at Ionad Spòrs Leòdhais (Lewis Sports Centre). The Sports Development Service of Comhairle nan Eilean Siar and the Western Isles Health Promotion Department advised and funded the printing – in other words it was a real collaborate effort by all!

The purpose of creating this directory is to enable you to find Sports Facilities and other useful details of clubs and organisations in Lewis and Harris which promote physical activity and sport. We hope you find it useful.

We intend to continue to update the directory, so please let us know of any mistakes and changes. The details listed are correct to our knowledge at time of printing.

Any further comments should be addressed to:

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Community Sports Development Officer
Lewis Sports Centre
Stornoway
Isle of Lewis
HS1 2PZ
Tel No: 01851 822785

Email: smunro@cne-siar.gov.uk

or

Marissa MacLennan
Health Information & Resources Officer
Health Promotion Department
Stornoway Health Centre
Springfield Road
Stornoway
Isle of Lewis
HS1 2PS
Tel No: 01851 701545

Email: marissa.maclennan@nhs.net

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Western Isles Sports Organisations

LEWIS AND HARRIS SPORTS COUNCIL

The Lewis and Harris Sports Council is an association of local sports clubs and organisations which work together with Comhairle nan Eilean Siar and the Western Isles NHS Board to foster and develop sport in Lewis and Harris

Secretary
Lewis Sports Centre
Springfield Road
Stornoway
Isle of Lewis
HS1 2PZ
Tel: 01851 822785



WESTERN ISLES OUTDOOR FORUM

The Western Isles Outdoor Forum looks to promote and encourage interest and participation through training and education in the outdoors in the Western Isles.

Secretary
Lewis Sports Centre
Springfield Road
Stornoway
Isle of Lewis
HS1 2PZ
Tel: 01851 822787



WESTERN ISLES ISLAND GAMES ASSOCIATION

The Western Isles Island Games Association is responsible for the planning, preparation and management of the Western Isles Island Games Team.

Secretary
Lewis Sports Centre
Springfield Road
Stornoway
Isle of Lewis
HS1 2PZ
Tel: 01851 822787 / 822785



Lewis & Harris Sports Council Associations

Breasclete Community Association

Cathie Ann Smith
24B Breasclete
Isle of Lewis
HS2 9ED

Tel: 01851 621354
Email: normansmith28@tiscali.co.uk

Ness Sports & Receptions Association Ltd

Sporsnis
Lionel
Isle of Lewis
HS2 0XB

Tel. 01851 810039
Email: info@sporsnis.co.uk

Lewis and Harris Football Association

Kenny MacIver
72 Coll
Back
Isle of Lewis

Tel: 01851 820639

Tong Recreation Association

Colm Fraser
Tualum Aird
Milkinghill, Tong
Isle of Lewis

Tel 01851 701629
Email: colmfraser@yahoo.co.uk

Lewis and Harris Junior Football Association

Tom Joyce
3b Upper Garrabost
Point
Isle of Lewis

Tel: 01851 870600
Email: tjoyce@cne-siar.gov.uk

Uig Community Centre Association

Donella MacDonald
10a Reef
Uig
Isle of Lewis

Tel: 01851 672750

Lewis and Harris Women's Football Association

Shona Paton
4 New Garrabost
Point
Isle of Lewis

Tel: 01851 870424
Email: shonapaton@hotmail.com

Western Isles Scout Council

Iain Denny
Scout Hall
Keith Street,
Stornoway
Isle of Lewis

Lewis and Harris Youth Clubs Assoc.

Neil MacArthur
'Lochside'
Breasclete
Isle of Lewis

Tel: 01851 621414
Email: fallonmacarthur@hotmail.com
Web: lhyca.co.uk



Lewis & Harris Clubs and Organisations

An Sulair Trust
Mandy Darling
6 Bain Square
Stornoway
Isle of Lewis
Tel: 01851 706546

Harris Highland Dancing Society
Agnes Morrison
Huilm Ardhasaig
Isle of Tarbert
HS3 3AJ
Tel: 01859 502262

Back Football and Recreation Club
Peigi Macleod
4 Broadbay View
Back, Isle of Lewis
Tel: 01851 820504
Email: peigida@btinternet.com

Hebridean Cycle Club
Iain Gilbert
19 Churchill Drive, Stornoway
Isle of Lewis, HS1 2NP
Tel. 01851 703835
Email: lan_d_gilbert@yahoo.co.uk
Web: www.hebrideancycleclub.com

Back Indoor Bowling Club
John N Macleod
55 Back
Isle of Lewis
HS2 0LR
Tel: 01851 820257

Island Archers
Toby Marshall
2a Broker
Point
Isle of Lewis, HS2 0EZ
Tel: 01851 871218
Email: toby@islandarchers.org

Bernera Bowling Club
Christine Ingle
The Cottage, Breasclate
Bernera
HS2 9LT
Tel: 01851 612202

Isle of Harris Golf Club
R.A. MacDonald
2 Scarista
Isle of Harris
Tel: 01859 550226
Email: harrisgolf@ic24.net

Falmaidair - North Lewis Maritime Society
Hugh Macinnes
6 Lionel
Port of Ness
Isle of Lewis
Tel: 01851 810262
Email: admin@falmaidair.com
Web: www.falmaidair.com

Isle of Lewis Gymnastics Club
Sandra MacDonald
5 Lewis Street
Stornoway
Isle of Lewis
Tel: 01851 705142
Email: smile@btopenworld.com

Harris Gun Club
Colin Knape, Club Secretary
c/o Druim A'Ghlinne, Arnol
Isle of Lewis HS2 9DB
Tel: 07919 037588
Email: cknape@email.com
Facebook - Harris Gun Club

Lewis and Harris Riding Club
Muriel MacLeod
9 Knock
Point
Isle of Lewis
Tel: 01851 870856
Email: murielmacleod@hotmail.com

Lewis & Harris Clubs and Organisations

Lewis and Harris Sub Aqua Club

Mark Beanland
42a Leurbost
North Lochs
Isle of Lewis HS2 9NS
Tel: 01851 860475
Email: markbeanland@btinternet.com
Web: www.lhsac.org

Sail Stornoway

Gerald Hales
3b Sheshader
Point
Isle of Lewis HS2 0EW
Tel: 07717172159
Email: gahjo@btinternet.com

Lewis Camanachd

Kenny MacLeod
24 South Dell
Ness, Isle of Lewis
Tel: 07810448911
Email: macleodk@parliament.uk

South Harris Bowling Clubs

Bryce Weir
Pairc Liceasto
Manish
Isle of Harris
Tel: 01859 530262
Email: bryceweir@hebrides.net

Lewis Car Club

Andy White
4 Newvalley
Stornoway
Isle of Lewis
Email: 9white4@btinternet.com

Sport Harris

Adam Johnston
Sir E Scott School
Tarbert
Isle of Harris
Tel: 01859 502339

Lochs Sports and Recreation Club

Willie Morrison
33 East Street
Sandwick
Isle of Lewis
Tel: 01851 705429

Stornoway Amateur Swimming Club

Stuart Baird
9 Stewart Drive
Stornoway
Isle of Lewis
Tel: 01851 700388
Email: abaird9@aol.com

North Lochs Bowling Club

Robbie MacRae
3 Campbell Place
Leurbost, Lochs
Isle of Lewis
Tel: 01851 860233

Stornoway Angling Association

Ali MacLean
110 Newmarket
Isle of Lewis
Tel: 01851 705453
Email: alisugan@tiscali.co.uk

Point Girls Club

Marina MacLeod
1a East Street
Sandwick
Stornoway
Isle of Lewis
Tel: 0791 784 2807

Stornoway Bowling Club

Mary Matheson
80 Plasterfield, Stornoway
Isle of Lewis HS1 2UR
Tel: 01851 705276

Lewis & Harris Clubs and Organisations

Stornoway Canoe Club

Robert Emmott
81 Coll, Back
Isle of Lewis
Tel: 01851 820242
Email: robert@stornowaycanoes.org.uk

Stornoway Sailing Club

Rob Whelton
14a Aignish, Point
Isle of Lewis
HS2 0PB
Email: robwhelton@hotmail.com

Stornoway Golf Club

Ken Galloway
c/o Lady Lever Park,
Stornoway, Isle of Lewis
Tel: 01851 702240
Email: admin@stornowaygolfclub.co.uk

Stornoway Sea Angling Club

Andy Dowie
Sea Angling Club
Stornoway
Isle of Lewis
Tel: 01851 702021

Stornoway Karate Club

Neil Ferguson
85 Plasterfield
Stornoway
Isle of Lewis
Tel: 01851 703818

Tiumpán Young at Heart

Dr D.C Taylor
4a Shader, Point
Isle of Lewis
Tel: 01851 870435
Email: donnietaylor@btinternet.com

Stornoway PHAB Club

Liz Carmichael
16 Newton Street
Stornoway
Isle of Lewis
Tel: 01851 705818
Email: carmichaeliz@hotmail.com

Western Isles Duke of Edinburgh Awards

Alice MacLeod
St. Lennan's Youth Services Centre
22-24 Point Street
Stornoway
Isle of Lewis
Tel: 01851 822714
Email: Alice-Macleod@cne-siar.gov.uk
Web: www.cne-siar.gov.uk

Stornoway Rugby Club

Murray Macleod
'8 Swainbost
Ness
Isle of Lewis
HS2 0TA
Tel: 0778 6020241

Western Isles Heavy Events Association

D.A. MacLeay
29 Lower Shader
Isle of Lewis HS2 0RH
Tel 01851 850797
Email: macleayrex@aol.com

Stornoway Running & Athletics Club

Adrienne Stewart
34 Nicolson Road, Stornoway
Tel: 01851 705602
Email: adriennestewart@btinternet.com

Western Isles Motorcross Club

Stuart Mackay
28 Lewis Street
Stornoway, Isle of Lewis
Tel: 01851 701690

Western Isles Pony Club

Fiona Chisholm
15a Cross Street
Stornoway
Isle of Lewis
Tel: 01851 705932
Email fimmy15@hotmail.com

Westside Football and Recreation Club

Iain Gillies
26 Upper Shader
Barvas
Isle of Lewis
Tel: 01851 705550

Westside Runners

Donald Smith
50 Arnol
Isle of Lewis
Tel. 07747827069
Email: donaldsmith8@gmail.com

Other Activities

Aerobics

Marie MacAskill
19 Kyles
Isle of Tarbert HS3 3BS
Tel: 01859 502099

**Alex Dan Cycle Shop
(Repairs, Sales and Hire)**

Alex D. Campbell
67 Kenneth Street, Stornoway
Isle of Lewis HS1 2DS
Tel: 01851 704095
Email: sales@hebrideancycles.co.uk
Web: www.hebrideancycles.co.uk

Eilean Siar Muay Thai

Norrie MacKenzie
Tel. 07919 200761
Email: norrie@eileansiar_muaythai.co.uk
Web: www.eileansiar_muaythai.co.uk



Other Activities

Grimesta Fishing

Simon Scott
Grimesta Lodge,
Isle of Lewis HS2 9EJ
Tel: 01851 621358

Hebridean Walking Club

Iain Wilson
25 Back, Isle of Lewis HS2 0NA
Tel: 01851 820798
Email: irwilson@tiscali.co.uk

Isle Dance

Kirsty Anderson
22b Scotland Street, Stornoway
Isle of Lewis HS1 2JN
Tel. 07715 499552
Email: Kirstie.anderson@gmail.com
Web: www.isledance.co.uk

Lewis Highland Dancing Society

Ms Lynn MacLean
7a Back, Isle of Lewis
Tel: 01851 820260
Email: lynn.maclean@btinternet.com

Ness Golf Club

Donald MacSween
20 North Dell, Ness
Isle of Lewis
Tel: 01851 810296

North West Allstars (Cheerleading)

Kirsty Anderson
22b Scotland Street
Stornoway
Isle of Lewis HS1 2JN
Tel. 07715 499552
Email: Kirstie.anderson@gmail.com
Web: www.isledance.co.uk

Out and About Tours

Mr Chris Ryan
25 Tobson, Bernera
Isle of Lewis HS2 9NA
Tel: 01851 612288
Email: chris@hebridean-holidays.co.uk

Paths To Health

Health Promotion Department
c/o NHS Western Isles, Stornoway
Isle of Lewis HS1 2BB
Tel: 01851 702712
Email: chris.ryan1@nhs.net
Web: www.wihb.scot.nhs.uk

Scottish Island Road Tours

Tel: 01786 464333
E-mail: info@wildcat-bike-tours.co.uk
Website: www.wildcat-bike-tours.co.uk

Stornoway Judo

Dr. George Kerr
Tel: 0131 5554578
Email: george@juniorjudoclub.co.uk

Stornoway Rowing Club

Sandy MacDonald
53 Keith Street, Stornoway
Isle of Lewis HS1 2JG
Tel. 01851 700354
Email: stornowayrowingclub@gmx.com

Stornoway Squash Club

Angus MacLeod
10a Holm, Stornoway
Isle of Lewis
Tel: 01851 701275

Surf Lewis

Rodney Jamieson
22b Scotland Street, Stornoway
Isle of Lewis HS1 2JN
Tel. 07920 427194
Email: info@surflewis.co.uk
Web: www.surflewis.co.uk

Swiss ball & Pilates Hebrides

Peggy Briggs
"Bun-na-Gille", Bunabainneadar
Isle of Harris HS3 3AL
Tel/Fax: 01859 502376
E-mail: peggy.briggs1@virgin.net

Other Activities

Ten Pin Bowling Alley
Sporsnis
Lionel
Isle of Lewis HS2 OXB
Tel. 01851 810039
Email: info@sporsnis.co.uk

Tennis & Yoga Hebrides
Mike Briggs
"Bun-na-Gille", Bunabainneadar
Isle of Harris HS3 3AL
Tel/Fax: 01859 502376
E-mail:mike.briggs1@virgin.net

Western Isles Kite Company
David Hepworth
West View
Aird Uig
Isle of Lewis
HS2 9JA
Tel: 01851 672771 Or 07854754523
Web: www.wikc.co.uk
Web: www.powerkitesales.co.uk

Yoga
Julia Shaw
Tel: 01851 672349

Youth Drama
Morag Smith
77 Seaforth Road
Stornoway
Isle of Lewis
Tel: 01851 704542

Zumba
Carly Rodman
Tel. 07834236951

Zumba Fitness
Kate Swaine
Tel: 01859 502676 or 07813 018908
E-mail: kateswaine@gmail.com

Comhairle nan Eilean Siar -

Sports Facilities

Ionad Spors Leodhais
Springfield Road
Stornoway
Isle of Lewis
Tel: 01851 822800

All Weather Sports Facility
Smith Avenue
Stornoway
Isle of Lewis
Tel: 01851 822786

Lionel Swimming Pool
Lionel School
Ness
Isle of Lewis
Tel: 01851 810208

Shawbost Swimming Pool
Shawbost Community School
Shawbost
Isle of Lewis
Tel: 01851 710212

Ionad Spors Eilean na Hearadh
Sir E Scott School
Tarbert
Isle of Harris
Tel: 01859 502970



Comhairle nan Eilean Siar - School Halls

LEWIS

Back School Hall

Head Teacher
Back School
Back
Tel: 01851 820230

Sgoil an Rudha Hall

Head Teacher
Sgoil an Rubha
Point
Tel: 01851 870641

Lionel School Gymnasium

The Secretary
Lionel School
Ness
Tel: 01851 810208

Nicolson Institute

Secretary
Springfield Road
Stornoway
Tel: 01851 702275

Pairc School Hall

Head Teacher
Pairc School
Pairc
Tel: 01851 880338

Sgoil Nan Loch Hall

Joan Boyd
Cameron Terrace
Leurbost
Isle of Lewis HS2 9PE
Tel: 01851 705187
Email: sgoilnanloch@gnes.net
Web: www.cne-siar.gov.uk/school/sgoilnanloch

Shawbost Community School

Mr I.G. Macdonald
Shawbost School
Shawbost
Isle of Lewis HS2 9BQ
Tel: 01851 710212
Email: shawbostschool@gnes.net
Web: www.cne-siar.gov.uk/school/shawbost

Stornoway Primary School Hall

Mrs A Murray
Jamieson Drive
Stornoway
Tel: 01851 703418

HARRIS

Leverhulme Memorial School Hall

Head Teacher
Leverhulme Memorial School
Leverburgh
Tel: 01859 520208

Sir E Scott School Hall

School Office
Sir E Scott School
Tarbert
Tel: 01859 502339



Comhairle nan Eilean Siar - Community Halls & Centre Contacts

LEWIS

Aignish, Swordale & Knock Community Association

John Gillies
Knock Community Hall
Knock, Point
Tel: 01851 870230
Email: johrogi@yahoo.com

Back Recreational Centre

Coll Centre
Back
Tel: 01851 820 745

Balallan Hall

Mrs S MacAulay
69 Westend
Balallan
Tel: 01851 830426

Barvas & Brue Comm. Centre

Peggy MacLeod
Secretary
29 Hearthill, Barvas
Tel: 01851 840400
Email: macleodpeggy@hotmail.com

Benera Community Centre

Karina MacAulay
Community Coordinator
Benera
Tel: 01851 612446

Borve Hall

Donald MacDonald
27 Borve
Isle of Lewis
Tel: 01851 850751

Breascleate Comm. Centre

Noreen MacDonald
28B Breascleate
Isle of Lewis
Tel: 01851 621214

Bridge Community Centre/YM

Jonathan MacIver
Bayhead Embankment
Stornoway
Tel: 01851 702432
Email:
info@bridgecommunitycentre.co.uk
Web:
www.bridgecommunitycentre.co.uk

Carloway Community Centre

Chris Schofield
Airidh Ghrianach
Knock, Carloway
Tel: 01851 643297

Cearns Centre

c/o Alice MacLeod
St. Lennan's Youth Services Centre
22-24 Point Street
Stornoway
Tel: 01851 707808
Web: www.cne-siar.gov.uk

Clan MacQuarrie

Murcina MacLeod
'An Creagan'
46 North Galson
Tel: 01851 850391
Email: caldina@tiscali.co.uk
Web: www.borvehall.com

Knock Community Hall

John Gillies
12b Knock
Point
Tel: 01851 870230

Ionad Stoodie

Seaview, Knock
Point
Tel: 07884 067098

Laxdale Village Hall

Mr D S MacLeod
32 Newmarket
Laxdale
Tel: 01851 704168

MacAulay Hall

Morag MacFarlane
North Dell
Ness
Tel: 01851 810800

North Lochs Comm. Centre

David Martin
Community Centre
Leurbost
Tel: 01851 840768

Sandwick Community Centre

Christina MacIver
12 Miller Road
Stornoway
Tel: 01851 706153

Scout Hall (Stornoway)

Frank Harrison
3 Urquart Gardens
Stornoway
Tel: 01851 703256

SPÒRNIS

SPÒRNIS

Lionel
Ness
Tel: 01851 810039

Stornoway Town Hall

c/o Alice MacLeod
St. Lennan's Youth Services Centre
22-24 Point Street
Stornoway
Tel: 01851 707808
Web: www.cne-siar.gov.uk

The Hut

Ian M Matheson
17 Upper Coll
Back
Tel: 01851 820499

Tiumpan Community Rooms

Anne Stewart
20 Sheshader
Point
Tel: 01851 870144

Tolsta Community Hall

Catriona MacIver
45 North Tolsta
Tolsta
Tel: 01851 890369 (H)
01851 709546 (W)

Tong Community Centre

George Moody
9 Tong
Tong
Tel: 01851 703593

HARRIS

Bays Community Centre

Bruce Dudley
Leaklee
Isle of Harris
Tel: 01859 530444

Comhairle nan Eilean Siar
Community Halls & Centre Contacts

Leverburgh Hall
Mairead MacDonald
'Grandview', Lingerbay
Isle of Harris
Tel: 01859 520267
Email:
margaretmacdonald2@yahoo.co.uk

Scaladale Centre
Alasdair Morrison
Ardvourlie
Isle of Harris HS3 3AB
Tel: 01859 502502
Email: Scaladale@ukonline.co.uk
Web: www.Scaladale.co.uk

Scalpay Community Centre
Sheila Mackay
Minch View
Isle of Scalpay
Tel: 01859 540249

Tarbert Community Centre
Kate Langley
Tel: 01859 502726
Email: tarbertcc@hotmail.co.uk
Web: tarbertcommunitycen-
tre.weebly.com



Useful Websites

Active Schools
www.cne-siar.gov.uk/activeschools

Sport and Health
www.cne-siar.gov.uk/sports

Lewis and Harris Sports Council
www.cne-siar.gov.uk/lhsc

Western Isles NHS Board
www.wihb.scot.nhs.uk

NHS Health Scotland
www.healthscotland.com

Take Life On Campaign
www.takelifeon.co.uk

Other

www.sportscotland.org.uk

www.scotbadminton.demon.co.uk

www.basketball-scotland.com

www.scottishfa.co.uk

www.scottish-hockey.org.uk

www.netballscotland.com

www.shinty.com

www.scottishsquash.org

www.tabletenniscotland.com

www.scottishrugby.org

www.tenniscotland.org

Sport & Health Section Contacts

Lewis Sports Centre Reception
01851 822800

Sport & Health Administration Assistant
Marina MacLeod 01851 822787

Principal Officer Sport and Health
Emma MacSween 01851 822781

**Active Schools - Sports Development
Team Leader**
Iain GG Campbell 01851 822782

**Community Sports Development
Officer**
Steven Munro 01851 822785

Sports Facilities Manager
Tony Wade 01851 822780

Lewis Sports Centre Duty Officer
Robbie Ross 01851 822800
Lewis Macleod 01851 822800

**Primary Active School Co-ordinator
- Greater Broadbay**
Claire Scott 01851 822784

**Primary Active School Co-ordinator
- Westside & Harris**
Jenna Stewart 01851 822783

Outdoor Learning Manager
Don MacLean 01851 822781

Outdoor Learning Coordinator
Tim Pickering 01851 822781
Geoff Leicester 01851 822781

Community Education Contacts

Learning Shop
10 Shell Street, Stornoway
Tel. 01851 704744

Town Hall - Caretakers
Tel. 01851 822720

COMMUNITY EDUCATION (Lewis)
St. Lennan's Youth Services Centre,
22-24 Point Street, Stornoway,
Isle of Lewis HS1 2XF

Tel. 01851 822714

COMMUNITY EDUCATION (Harris)
Old Hostel
Tarbert, Isle of Harris HS3 3DL
Tel. 01859 502367

COMMUNITY EDUCATION (Uists)
Tel. 01870 604881

COMMUNITY EDUCATION (Barra)
Tel. 01871 817217





SLÀINTE MHATH!

**ONLY £20 PER MONTH FOR FAMILIES AND
£15 PER MONTH FOR INDIVIDUALS**

Your passport to good health!

- Great value access to all Comhairle Sports Facilities across the Outer Hebrides!
- Unlimited use of facilities at every Sports Centre!
- Free classes!
- Great packages for Families, Individuals and a range of Concession categories—ask for more details!
- Easy pay by monthly Direct Debit



**Ask at your nearest Sports
Centre for more information**

